



# RAW VEGAN FOOD

BURSTING WITH FLAVOR, NUTRIENTS & VITALITY!

## RAW BREAKFAST

- SUPER TROPICAL BOWL 20  
FRESH SEASONAL FRUIT WITH LIME
- ADD RAW MUESLI 7
- ADD CASHEW MILK 5
- LIVING PINEAPPLE PORRIDGE 20  
DATES, PINEAPPLE & SEEDS  
WITH FRESH CASHEW MYLK
- RAW APPLE CINNAMON MUESLI 21  
RAW SUNFLOWER & PUMPKIN SEEDS, APPLES,  
DATES & CINNAMON DEHYDRATED UNTIL CRISP  
WITH FRESH CASHEW MILK

HOW RAW FOOD IS PREPARED  
DEHYDRATED UNDER 118°F (48°C) IN ORDER  
TO PRESERVE IMPORTANT ENZYMES  
AND NUTRIENTS. ALL OUR RAW FOOD IS  
VEGAN WHICH MEANS WE DON'T USE ANY ANIMAL  
PRODUCTS (NO MEAT, DAIRY, EGGS, ETC).

*ASK ABOUT OUR  
RAW SOUP OF THE DAY*

## ORGANIC SALAD

- MEG'S BIG BOWL 36  
ORGANIC GREENS, VEGGIES, SEEDS & AVOCADO  
WITH HERB VINAIGRETTE
- ORGANIC ARUGALA SALAD 36  
ARUGALA, APPLES, WALNUTS & SHAVED  
CASHEW PARMESAN, WITH BALSAMIC DRESSING
- SWEET CORN SALAD 32  
ORGANIC GREENS, SWEET CORN, RED PEPPERS  
& ONION CRUNCHIES, WITH TAHINI LEMON DRESSING

## RAW MEALS

- RAW PASTA 3 WAYS 35  
THREE MIXED VEGETABLE "PASTAS"  
PESTO, OLIVE MARINARA & HERB ALFREDO
- RAW LASAGNA 38  
LAYERS OF ZUCCHINI "NOODLES"  
MARINARA SAUCE, CASHEW CHEESE & PESTO
- RAW MINI PIZZA 38  
HERBED FLAX CRUST TOPPED WITH CASHEW CHEESE,  
MARINARA, KALAMATA OLIVES & BALSAMIC ONIONS  
SERVED WITH SAID SALAD
- RAW NASI GORENG 32  
JICAMA "RICE" WITH VEGETABLES  
& BALINESE SPICES
- RAW INDIAN PLATE 37  
SAMOSA BITE, SPINACH SABJI & JICAMA LEMON "RICE"
- RAW BBQ ROLLS 35  
DEHYDRATED BBQ VEGETABLES, APPLE  
& CABBAGE COLESLAW SERVED IN KALE LEAVES

*SEE OUR SPECIALS MENU*

**RAW BITES**  
RAW SAMOSA BITES 19  
DEHYDRATED CURRIED SAMOSA BITES  
SERVED WITH CORRIANDER SAUCE  
RAW THAI ROLLS 19  
THAI STYLE CURRY ZUCCHINI ROLLS  
& JULIENNED VEGETABLES

PRICES ARE  
IN THOUSAND RPS

ORGANICALLY INSPIRED...  
10% GOVERNMENT TAX & 5% SERVICE WILL BE ADDED TO YOUR FINAL BILL  
+ 3% FOR CREDIT CARD

A DIVISION OF



# COOKED FOOD

NUTRITIOUS & DELICIOUS!

## BREAKFAST

TWO FREE RANGE EGGS ANY STYLE 24  
BOILED, FRIED OR SCRAMBLED

SPINACH & FETA OMELET 29  
FREE RANGE EGGS, SAUTÉED SPINACH WITH SHALLOTS & FETA

FLAX OAT PORRIDGE 26  
OATMEAL WITH FLAX SEEDS, RAISINS, NUTS, CINNAMON & SLICED BANANA

TOFU SCRAMBLE 26  
SAUTÉED VEGGIES & TOFU  
WITH MULTIGRAIN TOAST OR RED RICE

BUBUR INJIN 15  
TRADITIONAL BLACK RICE PUDDING WITH COCONUT CREAM & SLICED BANANA

MACROBIOTIC BREAKFAST BOWL 25  
RED RICE PILED WITH STEAMED VEGGIES, TOFU & ROASTED SEEDS  
WITH TAHINI LEMON SAUCE

BREAKFAST BURRITO 29  
SCRAMBLED EGGS WITH AVOCADO, SALSA, SOUR CREAM & CHEESE

INDIAN BREAKFAST WRAP 26  
GREEN CHILI OMELETTE WRAPPED IN A FRESH TORTILLA WITH YOGURT

GRIELLED VEGGIE EGG SCRAMBLE 29  
FREE RING EGGS, VEGGIE & FETA

### PLEASE SEE OUR DAILY SELECTION OF MORNING PASTRIES

BREAKFAST MUFFIN 10

PLAIN CROISSANT 9

ALMOND CROISSANT 12

MULBERRY CROISSANT 12

BANANA BREAD 10

CARROT RAISIN (CAKE) 10

BROWNIES 10

### BREAKFAST SIDES & EXTRAS

EXTRA EGG - FRIED, SCRAMBLED OR BOILED (NO TOAST) 6

PORTION OF TOAST, BUTTER & JAM 7

SAUTÉED MUSHROOMS, SPINACH OR A COMBO 7

SOUR CREAM OR CHEESE 10

YOGURT 10

ADD ORGANIC HONEY 4

## MEALS

GRILLED VEGETABLE WRAP 32  
FRESH FLOUR TORTILLA SPREAD WITH PESTO,  
FILLED WITH ORGANIC SALAD, VEGGIES & FETA CHEESE  
WITH MIXED GREENS IN HERB VINAIGRETTE

GRILLED VEGETABLE & CRUMBLLED FETA SALAD 45  
BABY POTATOES & FETA TOSSED IN HERBED OLIVE OIL  
WITH HERB VINAIGRETTE

GREEN FIEND 32  
STIR-FRIED GREENS & TOFU IN A SOY-GINGER SAUCE  
WITH ORGANIC RED RICE

### BOWL FOOD

VEGETARIAN TOFU & BEAN CHILI 29  
SERVED WITH CHEDDAR CHEESE, SALSA,  
SOUR CREAM & ORGANIC RED RICE

KITCHEREE 35  
ORGANIC LENTILS & BROWN RICE STEWED WITH GINGER,  
TURMERIC & FRESHLY MADE GARAM MASALA,  
FINISHED WITH BROCCOLI FLORETS AND GRILLED SHALLOTS

MISO SOUP 19  
WITH SPINACH, TOFU & CORIANDER ORGANIC

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# DRINKS & DESSERTS

## JUICE

MIX OF ANY VEGETABLE IN SEASON, YOUR CHOICE 28

CARROT, BEET, APPLE, CUCUMBER, PARSLEY,  
CELERY, GINGER, SPINACH OR HERBS

POPEYE - SPINACH, APPLE, CUCUMBER 19

RED ROCKET - CARROT, BEET, GINGER 23

SOMETHING GREEN - APPLE, CELERY, PARSLEY & SPINACH 26

CARROT CLEANSER - WITH FRESH GINGER & LIME 24

BLOOD CLEANSER - BEET, CUCUMBER, CARROT & CELERY 16

ENERGY COCKTAIL - PINEAPPLE, APPLE, CUCUMBER & GINGER 16

THE DAY AFTER (HANGOVER HELPER) 23

TANGERINE, BANANA & SPIRULINA

VITAMIN C BLAST WITH A TWIST 21

BALI ORANGES, CARROT, PINEAPPLE, PAPAYA & BASIL

ALOE, APPLE, GINGER 22

## RAW SWEETS

RAW KEYLIME PIE 25

RICH & CREAMY AVOCADO FILLING  
IN A CASHEW DATE CRUST

RAW CARROT CAKE 21

CARROT, WALNUT & RAISIN  
WITH A CASHEW CREAM ICING

RAW CHOCOLATE CAKE 25

CREAMY & LIGHT WITH CASHEW  
& CHOCOLATE FILLING

RAW ENERGY BALLS 15

SPIRULINA BALLS, SESAME BALLS,  
& CHOCOLATE CHILI BALLS

RAW CHEESECAKE 25

DAIRY FREE CASHEW CHEESECAKE

### SUPER SMOOTHIE 25

FRESH COCONUT WATER BLENDED WITH  
PAPAYA, CUCUMBER, SPINACH & A DASH  
OF RAW HONEY

### SUPER ANTI-OXIDANT SHAKE 33

RAW ORGANIC CASHEW, CAO-CAO, HONEY, FLAX  
& BANANA BLENDED WITH HAND PRESSED SOY MILK  
(GREAT FOR CLEANSING!)

ASK ABOUT OUR  
FROZEN DESSERTS

## COFFEES

ESPRESSO 13

AMERICANO - HOT OR ICED 16

CAPPUCCINO - HOT OR ICED 17

CAFE LATTE - HOT OR ICED 18  
WITH SOY MILK ADD 8

NUT MYLK LATTE - WITH VANILLA CASHEW MYLK 22

KOPI TUBRUK - TRADITIONAL BALINESE COFFEE 8

## TEAS

ALL TEAS STEEPED WITH REVERSE OSMOSIS H<sub>2</sub>O  
& ARE AVAILABLE HOT OR ICED

DECAF CHAI - HOT OR COLD 16  
MADE WITH RED ROIBOS TEA

CHAI MASALA - HOT OR COLD 15

LOCAL TEA POT 16

PASIR NANGKA / BLACK, PEPPERMINT

GOURMET TEA POT 16

EARL GREY, ROOIBOS AFRICAN RED

GREEN TEA MANGO, JASMINE

ICED TEAS

BLACK TEA - WITH LIME 16

GREEN TEA MANGO 16

## HEALTHY ELIXERS

BELLY JUICE 24

ALOE VERA, APPLE, TURMERIC, AND HONEY

"I AM TARZAN!" WITH LIME 14

YOUNG COCONUT WATER (SERVED WITH ICE UPON REQUEST)

LIVER DETOX CARROT & TURMERIC SHOT 11

HOT GINGER LIME HONEY 16

### ADDITIONAL SUPER FOODS:

SPIRULINA 6

BEE POLLEN 10

MACA POWDER 7

CACAO BEANS 5

COCONUT OIL 6

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